

# Track Attack Championships



# Teck

## RACE NOTICE – 2026 Teck BC Track Attack Championships

Telemark Nordic Club is pleased to host the 2026 Teck BC Track Attack Championships. The objectives of the Teck Track Attack Championships are:

- bring young skiers together for a memorable and enjoyable weekend of cross-country ski competition and fun,
- meet the needs of a wide range of skill levels and ski experience,
- encourage achievement through team effort, and
- encourage good ski technique.

<b>RACE EVENTS:</b>	Saturday, January 24 <sup>th</sup> , 2026	10:00 AM	2.2 km Interval Start – Free Technique
		1:00 PM	4 x 1.5 km Relay – all 4 legs Free Technique
	Sunday, January 25 <sup>th</sup> , 2026	9:00 AM	300 m Sprint Qualifier – Free Technique (Heats to follow directly after qualifier)

**LOCATION:** [Telemark Nordic Centre, 4425 Glenrosa Rd West Kelowna, BC](#)

**HOSTED BY:** Telemark Nordic Club

**RULES:** The Teck Track Attack Championships is sanctioned by Cross Country BC as a Tier 3 event. [Nordic Canada competition rules](#) will be used for this event

Click for the 2025-26 Track Attack Championships [Technical Guidelines](#).

**COMPETITION COMMITTEE:**

Chief of Competition:	Mike Edwards
Chief of Course:	Pip Akins
Chief of Stadium:	Derren Sentesy
Chief of Timing:	Dean Sader
Competition Secretary:	Terry Lum <a href="mailto:race@telemarknordic.com">race@telemarknordic.com</a>
Event Chair:	Sandy Redman
Technical Advisor:	Dirk Rohde

**EVENT WEB-SITE:** [Teck BC Track Attack Championships 2026](#)

**ELIGIBILITY:** A CCBC club or an Elementary School (that is not officially affiliated by membership to a CCBC Club) can register a Team in this event. Only one team per club or school can register in the Championships. A participant in this event must ski for one team only; you cannot be registered under both a school and a club team.

The Championships are open to individuals that are not affiliated with a club or school.

Skiers born in 2013, 2014, 2015 and 2016 are eligible. **No exceptions.** Skiers born in 2012 and earlier, skiers born 2017 or later are **NOT** eligible and are **NOT** permitted to participate in this event.

Eligible skiers (those born in 2013, 2014, 2015 and 2016) may only enter in one age category for the duration of the event. When they register initially, they can move up an age category, but not down. No exceptions.

**LICENCES:** This event is now a CCBC Tier 3 sanctioned event that requires each participant to purchase a Nordiq Canada Tier 3 event day licence. This is incorporated into the registration as a separate fee that is paid directly to Nordiq Canada.

**FEE:** The event fee is \$115 (plus gst). This fee includes all trail passes (Friday through Sunday), all 3 races and an awards/dinner banquet Saturday evening.

**REGISTRATION** Registration and fee payment is on-line only. [Registration Link](#)

If you experience any difficulties or have questions about registration, please contact the Competition Secretary.

**RACE ENTRY DEADLINE:** Entry deadline is: **Tuesday, January 20<sup>th</sup>, 2026 at 11:59:59pm**

***LATE ENTRIES WILL NOT BE ACCEPTED.***

*Relay team entry deadline is 6:00pm, Friday, January 23<sup>rd</sup>, 2026  
Souvenir hoodie pre-order deadline is Jan 11, 2026.*

**REFUNDS:** Full refunds will only be issued for those competitors who withdraw from the race prior to the race entry deadline on January 20<sup>th</sup>.

**CANCELLATION:** In the event of a cancellation for any reason, the decision to cancel the race will be made at least 1 week prior to the race event. Fees will be refunded at 80%.

**DRAWS:** There is no seeding for this event, just a random draw. The draw for the first race will occur on Thursday, January 22<sup>nd</sup>.

**TRAINING DAY:** The race course will be set-up for skiing on Friday, January 23<sup>rd</sup>. Friday trail passes are included in the event fee for all participants, coaches and support.

**START LISTS:** Start lists for each day of racing will be posted at the Telemark day lodge and available as a link on the event website [Teck BC Track Attack Championships 2026](#)

**RACE OFFICE:** The event race office will be in the trailer just below the Telemark daylodge.  
Hours are as follows:

- Friday 12 Noon to 4:00 PM
- Saturday 8:00 AM to 4:00 PM
- Sunday 7:30 AM to 2:00 PM

- BIB PICK-UP:** Bibs for each day of racing will be distributed from the Race Office upon opening of race office. Bibs will be distributed by team and we appreciate if each team sends 1 or 2 people to pick up bibs for each team.
- RELAY INFO:** The relay is a 4-person relay; 2 legs classic technique followed by two legs free technique. There are two categories: Male or Female. An *‘official relay team’* is comprised of 4 skiers from the same club or school and the same gender. Female skiers may not compete on official male relay teams. Likewise, male skiers may not compete on official female relay teams.
- A relay team which has four skiers which are not from the same club or school can participate as an *‘unofficial relay team’*. An *‘unofficial relay team’* can be comprised of male and female athletes. Relay team participants will acquire participation points for their team; however, they will not be eligible for prizes or any points as a relay team.
- The cost of registering for the relay is included in the overall event fee but we ask that coaches register teams on a separate free Z4 registration form.
- [Relay Team registration link](#)
- All relay teams must register their team’s name and a list of team members by 6:00pm Friday, January 23<sup>rd</sup>. Any changes to teams, including order of skiers, must also be submitted by 6:00pm Friday Jan 23<sup>rd</sup>. Those not assigned to a relay team may be placed in Unofficial Teams afterwards.
- SPRINT INFO:** The sprint format used is the King’s Court format. The purpose of this is to ensure that all participants race all four rounds; the time trial qualification followed by three rounds of heats. The top skiers in each heat move up within their category while the bottom skiers move down to ski against other top or bottom skiers in other heats. Heats may be comprised of up to six skiers, where the top three skiers would move up and the bottom three skiers moved down for the next series of heats.
- The initial sprint heat start positions will be based on the earlier morning time trial finish times.
- Overtaking of other skiers follows the same rules as in other events except in the marked “finish zone”. The leading skier in the marked “finish zone” should stay inside their chosen lane while in this zone and the overtaking skier is required to change lanes without impeding any other skier.
- For safety reasons, it is recommended that all skiers wear protective eyewear when competing in sprint competitions.*
- AWARDS:** Teck, a diversified resource company based in BC, is the title sponsor of the Track Attack Championships. Teck provides the awards for all races and categories.
- Individual awards for Interval Start, Relay and Sprint:** Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place male and female finishers in each age category for the interval start and sprint events, as well as each member of the top three Official Relay Teams in the relay event. Ribbons will be provided for 4<sup>th</sup> and 5<sup>th</sup> place finishers.

**Technique Awards:** Prizes will be provided for 10 skiers who demonstrate excellent Skate technique. Evaluation will take place during the Interval Start and Relay events. Please note that out of province skiers are eligible for technique awards.

**Spirit Award:** The team that demonstrates the most team spirit and good sportsmanship will be awarded a spirit award to be given out at the awards banquet.

*Note: Out of Province/Country skiers are eligible for special awards as well as the standard awards.*

**Team/Club Aggregate Trophy:** Each participating club team or school team accumulates points towards the Team Aggregate Trophy. Team points are earned as follows:

	Point Definition	Points value
1	No. of participants in an interval start race	1 point per participant
2	Each participant on an Official relay team	1 point per participant
3	Each participant on an Unofficial relay team	1 point per participant
4	No. of participants in a sprint race	1 point per participant
5	Top 4 placings in the interval start race	5, 4, 3, 2 points*
6	Top 4 placings in the sprint race	5, 4, 3, 2 points*
7	Top 4 official team placings in a relay event	10, 8, 6, 4 points
8	Top 5 best classic technique	5 points each
9	Top 5 best skating technique	5 points each

*\*This is in addition to points earned for participation*

- Points are calculated for individuals and relay teams representing CCBC clubs only.
- Points for the top 4 relay placings are calculated for official (i.e., teams comprised of participants from the same club or school) relay teams representing CCBC clubs only.
- The team with the most overall points wins the Team Aggregate Trophy. A pennant will be provided to the winning team, as well as a certificate for each member of the team.

**Awards Banquet:** On Saturday evening, January 24<sup>th</sup>, there will be an awards banquet where we will provide a sit-down dinner, present the awards for the race events on Saturday and have a fun activity.

Doors Open at 5:30 PM with dinner at 6:00 PM and the event ending at 8:00 PM.

**Location:** [Green Bay Bible Camp 1449 Green Bay Rd, West Kelowna](#)

The fee for the banquet is included in the race entry fee for participants. Tickets must be picked up at the race office by end of day Saturday and will be distributed by Club/Team.

***A limited number of additional tickets for family and coaches (\$30 per ticket) can be purchased when registering for the event on Z4.***

**FACILITIES:** The Telemark daylodge will be open for use, however, we request that racers do not leave their bags in the day lodge. We are provisioning our Quonset hut with heat, tables and chairs so racers may use this space for storing bags, changing, resting and eating.

In addition to heated indoor washrooms, there will be portable toilets located close to the facility entrance and stadium area.

- TRAIL FEES:** Trail fees will be waived for all competitors, coaches and assistant coaches/support on each race day and on the official training day, Friday, Jan 23<sup>rd</sup>.
- WAX FACILITIES:** Outdoor space with electrical outlets is available on the path leading from the parking lot to the stadium, behind the Quonset hut. Waxing is not permitted in the daylodge. There is no assignment of team waxing; it is on a first come, first 'plugged-in' basis. Teams are encouraged to bring portable generators and 10x10 tents.
- WAX TESTING:** NO WAX TESTING ALLOWED on the course. No exceptions. A wax testing area will be designated.
- SKI WAXING POLICY** Cross country BC has adopted a no-fluoro policy for all ages categories at all Tier 2 and 3 events. The full policy is outlined in the [2025-26 CCBC Wax Protocol](#). Adherence to this protocol is the responsibility of coaches, parents and wax technicians.
- COURSE MAPS:** Course maps are available on the [Event web-site](#):
- WEATHER:** Weather and trail conditions information is available on our Trail Conditions webpage - [Current Trail Conditions](#)
- CONCESSION:** There will be a concession available on-site where you can purchase hot lunches, snacks and drinks on both Saturday and Sunday.
- SOUVENIR HOODIE:** Souvenir event Hoodies are available for purchase on the Z4 registration page when you register for the event - Design by Telemark Race Team member Kira Aaserud. Details and photos are on the [Event website](#). Limited quantities of hoodies will be available at the event for a higher \$ price...but...pre-order so you don't miss out. **Deadline to Order – Jan 11, 2026.**
- ACCOMMODATION:** Please refer to our [Event web-site](#) for more information and to book with our accommodation partners. Accommodation is also available at the Green Bay Bible Camp where we are hosting the awards banquet.



**ADDITIONAL SPONSORS:**



Private Wealth

