



Chalet Telephone 250-707-5925  
 Website: [www.telemarknordic.com](http://www.telemarknordic.com)

## 2023 Telemark Friends and Family Apple Loppet

15km Course

- Start in the Stadium → Telemark → Lit Rabbit → Telemark → Panorama
- Telemark Downhill → Dark Rabbit → Forest/Memory Lane → Forest Lane
- Telemark (Cabin) → Biathlon → Forest Lane → Return to Stadium