

# TNC-pol-56

## Biathlon Practice Cancellation Policy

### Purpose

To outline temperature and weather conditions that prompt modifications to and/or cancellation of Biathlon practices.

### Weather and Temperature Guidelines

Listed below are the cut off temperatures for various programs.

Temperatures below the cut off temperatures will lead to cancellations or an altered practice as seen fit by the coaches. The aim is to strive to provide safe practices in extreme weather conditions. Program updates will be posted at the times below if the temperature is close to the cancellation threshold.

Temperatures do not include wind chill.

Temperatures will be obtained from the Telemark Website conditions page:

<http://telemarknordic.com/current-trail-conditions/>

#### **Juniors, Seniors, Youth (13 and older, not including Bears):**

Weekends (-20C and colder) @ 8:30am: practice will be skiing only.

Weekends (-23C and colder) @ 8:30am: practice is cancelled (alternative may be offered).

Evenings (-17C and colder) @ 5:00pm: practice will be skiing only.

Evenings (-23C and colder) @ 5:00pm: practice is cancelled (alternative may be offered).

***\* We will ski @ -23C but not colder***

Thunder & lightning in practice location vicinity an hour prior to practice time: practice will be cancelled.

Air Quality Health Index of 6 or higher: practice will be cancelled - (e.g: smoke from forest fires.

Reading from [bcairquality.ca](http://bcairquality.ca)).

Summer heat (35C and hotter) an hour prior to practice time: practice will be cancelled.

### **Biathlon Bears:**

Weekends (-13C and colder) @ 90 min before start, practice will be skiing only.

Weekends (-16C and colder) @ 90 min before start, practice is cancelled.

***\*We will shoot @ -12C but not colder***

***\*We will ski @ -16C but not colder***

*Other factors such as icy conditions or dangerous road conditions may also result in practice cancellation.*

Thunder & lightning in practice location vicinity an hour prior to practice time: practice will be cancelled.

Air Quality Health Index of 6 or higher: practice will be cancelled - (e.g: smoke from forest fires.

Reading from [bccairquality.ca](http://bccairquality.ca)).

Summer heat (30C and hotter) an hour prior to practice time: practice will be cancelled.

### **Racing:**

When temperatures are -20C or colder (temperature measured at the coldest point of the course and without wind factor) and competition distances are less than or equal to 7.5 km, we will not race. When competition distances are greater than 7.5 km and temperatures are -18C or colder (without wind factor), the head coach will determine if it is safe to race. Wind factors increase the effect of cold and will be taken into account in determining whether athletes will race.

Where the head coach at an event feels that other weather factors put our athletes at risk, he or she may also pull the team from the race. The head coach is expected to use discretion in evaluating whether this consequence should include all age groups or not.

**Notifications: All effort will be made to notify participants of any cancellations. Notifications will be made via TeamSnap**

More information on: <http://telemarkbiathlon.com/resources/policies/>