telemark NORDIC

Skier Development Programs 2022-2023

Development
Bunnies
(Active Start)

U6
3-5yrs

Development
Jackrabbits
(FUNdamentals)

U8 & U10
6-9yrs

Development
Track Attack
Learn to Train
(L2T)

U12
(10-11yrs)

Biathlon Bears
U13 (10-12yrs)
(L2T & T2T 1)

Competitive
Train to Train
(T2T 1 &2)

U14 & U16
(12-15yrs)

Biathlon
Development
(T2T 2 -13yrs+)

Competitive
Learn to
Compete
(L2C 1&2)

U18 & U20
(16-19yrs)

Biathlon
Advanced
(L2C 16yrs+)

Competitive
Train To
Compete
(T2C)

U23
&
19+
Post
Secondary

Competitive
Train to Win
(T2W)
(23 +)

Or

Active for Life
(Masters
Competitive
XC & BT)

Development
Jackrabbits
(FUNdamentals
)

U12
10-11yrs

Biathlon
Bears
(L2T)

Development
Active For Life

Adventurers
12-17yrs

COACHING

Recreation
Active for Life

Masters
XC & BT
Adult Lessons

COACHING

* Age ranges are based upon the Biathlon Canada/Nordiq Canada Long Term Athlete Development Models. These ages are approximate and may be adjusted depending upon individual skier development needs as well as current programming.