



# **TELEMARK**

*Nordic Club*

## **33<sup>rd</sup> Annual Kelowna Apple Loppet**

**Sunday, January 13<sup>th</sup>, 2019**

### **Schedule of Events**

- |                      |   |
|----------------------|---|
| <b>8:00 – 9:45AM</b> | <b>Bib pick-up downstairs of the chalet</b>   |
| <b>9:30 AM</b>       | <b>Ages 8 to 11 – 3.0 km Classic Technique</b>  |
| <b>9:35 AM</b>       | <b>Ages 7 &amp; under – 1.0 km Classic Technique</b>  |
| <b>9:37 AM</b>       | <b>Ages 3 &amp; 4 Bunnies – 200 meters around stadium</b>   |
| <b>10:10 AM</b>      | <b>Mass Start of Ski 30km and 7.5km Skiers</b> <ul style="list-style-type: none"><li>▪ <b>Skiathlon</b></li><li>▪ <b>Relay</b></li><li>▪ <b>Recreational Event (7.5km)</b></li><li>▪ <b>Ages 16-17 (7.5 km)</b></li></ul> |
| <b>10:15 AM</b>      | <b>Ages 12 to 15 – 6.0 km (2 x 3.0km) Classic Technique</b>   |
| <b>10:20 AM</b>      | <b>Special Olympics – 3.0km</b>   |
| <b>1:30 PM</b>       | <b>Course Closes</b><br><b>Special Olympics Snowshoe event</b>  |
| <b>Post-race:</b>    | <b>Complimentary Lunch for All Racers &amp; Volunteers</b>  |
| <b>~ 12:30 pm</b>    | <b>Awards for 30KM relay and skiathlon categories</b><br><b>(All skiers 15 and under receive a finisher award)</b>  |