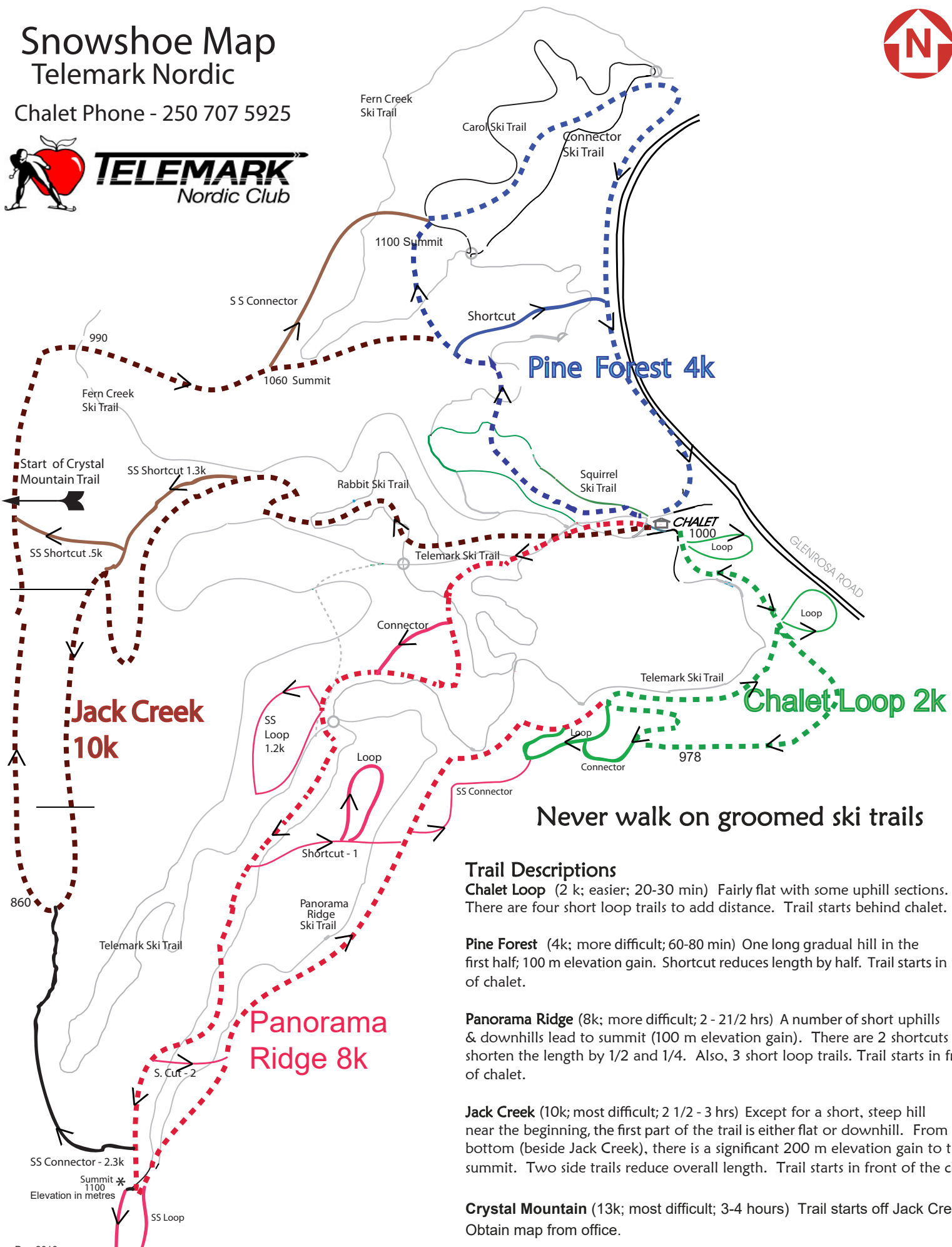


Snowshoe Map

Telemark Nordic



Chalet Phone - 250 707 5925



Pine Forest 4k

Jack Creek 10k

Panorama Ridge 8k

Chalet Loop 2k

Never walk on groomed ski trails

Trail Descriptions

Chalet Loop (2 k; easier; 20-30 min) Fairly flat with some uphill sections. There are four short loop trails to add distance. Trail starts behind chalet.

Pine Forest (4k; more difficult; 60-80 min) One long gradual hill in the first half; 100 m elevation gain. Shortcut reduces length by half. Trail starts in front of chalet.

Panorama Ridge (8k; more difficult; 2 - 2 1/2 hrs) A number of short uphill & downhill lead to summit (100 m elevation gain). There are 2 shortcuts that shorten the length by 1/2 and 1/4. Also, 3 short loop trails. Trail starts in front of chalet.

Jack Creek (10k; most difficult; 2 1/2 - 3 hrs) Except for a short, steep hill near the beginning, the first part of the trail is either flat or downhill. From the bottom (beside Jack Creek), there is a significant 200 m elevation gain to the summit. Two side trails reduce overall length. Trail starts in front of the chalet.

Crystal Mountain (13k; most difficult; 3-4 hours) Trail starts off Jack Creek. Obtain map from office.