



DRUG FREE ENVIRONMENT POLICY

MOTIVATION AND SCOPE:

This policy is motivated by the desire of Telemark Nordic for fair and ethical competition between athletes and seeks to preserve what is intrinsically valuable about sport, including:

- Ethics, fair play and honesty
- Health
- Excellence in performance
- Character and education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other participants
- Courage
- Community and solidarity

This policy shall apply to any athlete registered in the Telemark programs and any support person connected to these programs including, but not limited to coaches, officials, trainers and other non registered participants who may counsel athletes.

OBJECTIVES:

- To provide a consistent and effective response to the use of banned drugs and practices in British Columbia.
- To ensure that appropriate penalties are imposed on athletes and others who violate antidoping rules.
- To provide appropriate procedures for those accused of infractions, including appeal and reinstatement.

THE CANADIAN ANTI---DOPING PROGRAM:

The Canadian Centre for Ethics in Sport (CCES) is the custodian of the Canadian Anti---Doping Program (CADP); the set of rules that govern anti---doping in Canada. The CADP is compliant with the World Anti---Doping Code and all international standards.

Telemark Nordic shall be governed by the Anti---Doping Control and Regulations as outlined on the CCES website. <http://www.cces.ca/files/pdfs/CCES---POLICY---CADP---2015---E.pdf>

Telemark Nordic's responsibility is that athletes who are subject to the provisions of the CADP 2015 are informed of their obligations and encouraged to comply.

ATHLETES RESPONSIBILITY:

The onus is on each athlete to understand the content and implications of the CADP 2015 and to fulfill their obligations within it. Athletes must be proactive and take responsibility for conforming to the policies and regulations.

It is an athlete's responsibility to check all medicines, nutritional supplements, training methods and advice received against the policies currently in force. While the CCES administers anti-doping for the Canadian sport community, athletes may also be subject to the rules of the international federation.

For additional resources and more about anti---doping, please contact the CCES

- Email: info@cces.ca
- Call toll---free: 1---800---672---7775
- Online: <http://www.cces.ca/athletezone>