



# TELEMARK

## CROSS COUNTRY SKI CLUB

### MESSAGE FROM THE PRESIDENT -

OCTOBER, 2010

#### GERRY MORRISON

Another season is about to start within the next few months. Hopefully Telemark will get an earlier start than last. Last season was not a particularly good one financially. Our day pass and rental revenue was down substantially from the previous two years. This was common amongst all the other neighbouring XC ski venues excepting Sovereign Lake and Silver Star which had a very good snow season. The Olympics and the lack of Valley snow definitely had people not thinking of xc-skiing. The local sponsoring ski shops also noted their Nordic business was flat. Seven CCBC races were cancelled because of little or no snow. With the weakening of El Nino, we expect to get back to a winter with more snow and somewhat cooler temperatures compared to last year.

Two major upgrades were planned for Telemark. The parking lot was expanded and leveled with improved drainage. This will allow for more vehicle parking during the major events and reduce the tendency for ice to build up in the spring. The severe rutting at the entrance was also eliminated. This work was completed in May under the supervision of Grooming Chief Eric Rayson. Additionally new rubber carpeting will be soon placed in the rental room. It was in dire need of an upgrade. Wulf Gerhardt will be supervising this.

There may be some minor trail improvements this fall as our finances allow.

Major events for this season are the International Children's Winter Games scheduled in late January. Our Loppet is in jeopardy at this time as we have not had a volunteer come forward as Race Director to replace Dorothy Quayle who moved to Saskatoon last March. The Western Canadian XC Ski Championships will bring 300plus racers to Telemark in early February and the BC Special Olympic XC Ski Championships are scheduled for early March and will bring 80 plus athletes to our venue. We have had to turn down other requests so as not to overtax our volunteer base under the direction of Clive Gilbert. He has also been working diligently over the spring and summer with the result he has secured Community Grant funds for Telemark that were discontinued last April. This was a significant amount which will help us pay our bills until our revenue commences in October with season pass renewals. There will be a small increase to all

membership and programme fees. This is to account for our additional cost associated with HST.

A major XC ski event will take place at Sovereign Lake in early March. The World Masters Cup is the premier event worldwide for Masters XC skiers. An expected 1200 athletes will participate and along with their families will be a huge financial windfall for Vernon and surrounding areas. This is a week long event and, unlike a World Cup event these people will spend money on ski equipment, clothing etc. that is either not available or very expensive in their country of origin. I have been to several and this will definitely be the largest XC ski event ever for BC. It comes to NA once every four years. I would strongly urge our local Masters skiers to train and participate. It will not only give meaning to your training but a great experience close to home with no need to travel and spend. Several I know of will be participating and will be very impressed with the high level of skiing. We may get some requests from the organizing committee to volunteer so please consider this.

The other major event whose venue will be decided upon September 17<sup>th</sup> is the Canada Winter Games for 2015. Kelowna, Kamloops and Prince George are the candidate cities. Should Kelowna be awarded the bid, the Biathlon and XC skiing would be hosted at Telemark.

In closing, we are still searching for a new president to replace me next year. This my fourth season and definitely the last. I know I said this last year but I am more certain this time. Of more immediate concern is someone to take over the Apple Loppet scheduled for January 30<sup>th</sup> 2011.



## GAMING FUNDS –CLIVE GILBERT

Telemark has been the recipient of Gaming grants for many years (\$22,000 per year). We obtained these funds under the criteria “Adult Sport” and used them mainly for our machine maintenance and grooming. The Provincial Government cancelled these grants throughout B.C.

The new Community Grants are directed mainly at youth programs. By rewording our application and stressing our Ski League, Biathlon, Special Olympics and Racing Teams we have qualified for a grant of \$18,100.

The Executive decided, at their September meeting, that this grant money will be put toward the cost of provision and preparation of Telemark facilities for our young skiers in the various programs.

## EQUIPMENT – ERIC RAYSON

Fall maintenance for this year includes re-coring the radiator for the Bombardier, along with a major repair job - by Lyle Harrison- on our ice renovator, which over the past two seasons has enabled our grooming crew to provide decent tracks.

Due to a loss of revenue this past season we will not be able to carry on with rock picking - with a backhoe - which we have done over the past two seasons. Rock picking results in less damage to our grooming equipment, but more so, the work enables our grooming crew to groom with limited snow.

## TRAILS – LARRY KRAR

Trail clearing and maintenance is underway and will continue into the fall. We are clearing all new growth (mainly small bushes) from the trail surfaces and trying to cut back any encroaching bushes and small trees at the sides of the trail. Your help would be appreciated in completing this work. If you are able to spare a ½ day anytime in October, please contact me and I will arrange to meet you. We will mainly be using gas powered, bladed weedwhackers to clear the trail surfaces. Also, we are setting **Saturday, October 30th as a club workday** and would appreciate either a ½ or full day of your time. We will meet at 9 AM at the chalet.

No major trail improvements will be done this year. Last year, a considerable amount of time was spent on improving the trails. In particular, the work that Eric Rayson did with his backhoe partner was quite extensive and included the removal of numerous large boulders in addition to the re-grading of various areas along the trail system. We look forward to an early start to the season and lots of snow!

Contact me at  
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## CLUB EXECUTIVE

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## Contact Us!

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## BIATHLON – KEN RANSOM

We are aiming to have 20 athletes as well as another 20 cadet athletes in or associated with the Telemark biathlon program. This is a significant growth for us and we have been working hard over the summer to accommodate this growth.

This summer, we completely overhauled our existing targets and redesigned the range and surrounding area. We



also worked around the area and cleared debris to make a safer environment for the upcoming season. All of this was accomplished by fundraising, team labour, and generous donations to Telemark biathlon. An additional 6 targets have been donated to make a total of 14 functioning lanes.

Summer has been busy for our athletes. A bike camp in Kelowna, summer camps in Whistler and Canmore as well as weekly practises for more than half that are training year round.

The first race of the season is the Summer North America Biathlon Championship September 11th and 12th. We have 2 athletes competing in the under 20 age group, with CWG trials, World Junior trials, both BC and Alberta cup races in November and December. We also have most of our team competing in XC events, so we are off to a busy start.

We hope to have a strong young group in our Bears program this year. This is geared for athletes from the age of 10 to approximately 14. This is a great group just starting out learning safety, shooting and skiing. This group is often mentored

by our older athletes when able, giving them the chance to learn and have identifiable role models within the sport.

We invite all the Telemark members to come out to our Demo Days this year. They will be announced on the Telemark website as they approach. Our next demo day is October 9th at Telemark. It is without snow, but you may find it entertaining and informative.

Any questions about our biathlon program, please give *Coach Rob Swan (250-826-0305)* or *Ken Ransom (250-769-4098)* a call. We look forward to hearing from you!

## JUNIOR DEVELOPMENT - ADAM ELLIOTT, HEAD COACH

Hello Skiers

Another season is almost upon us and the dreams of light fluffy snow and great results are filling the heads of our young skiers again. Most of the team has been training year round for success in this sport. Hopefully, this season success will come close to home as we are hosting the Western Canadian Championships and Nationals will be in Canmore.

Last season was one of Telemark's most successful seasons to date. I lead our Zone's team to the BC Games where we claimed 24 of the 36 medals available in Terrace. Alexandra Myshak-Davis 14 and Mirena Dimova 14 helped create that medal count with 5 medals. This event took place during the BC Midget Championship, in Salmon Arm, where Telemark skiers had great results and showed great potential for our clubs future. Ian 9 and Gareth Williams 12 as usual owned the podium. Following this was the Nationals in Whitehorse. Five Telemark skiers and I went on several different versions of BC Teams. Emily Ertel 16 and Jeff Kerkovius 17 skied very well for the majority of the week and were consistently finishing in the top 10 of their birth year. Anthony Cihlar 18 and Alexandra Myshak-Davis struggled with sickness but skied well considering the circumstances. Desirae Martin 16 skied well and showed the largest improvement in a single season.

We have two skiers returning to train with us this season from Whitehorse and Burns Lake; Kurt Behnsen 18 and David Palmer 17. Kurt was only gone for a short time but David is returning after 3 years I believe. This season, with the addition of a new younger group, there will also be four training groups under the Race Team umbrella ranging in age from 9ish to 18. Our Ski Development programs will better encompass any youth who is keen on Skiing.

The summer has been very eventful with training camps and a wedding. Trisha and I got Married on June 5<sup>th</sup> 2010. The weather cooperated and several skiers came out to help support me on this special day. Thanks ;o)

## SCHOOLS PROGRAM 2011 - SUE CAMP

It won't be long and the Schools Program will be up and running again for the busy 2011 season. On that note...volunteers are an essential component to the success of this program! There are no prerequisites of being an experienced seasoned skier to be able to volunteer, rather, that you enjoy the outdoors and watching the kids beam from ear to ear with excitement after they have skied @ Telemark. You can volunteer as much or as little as your schedule allows and the club will reimburse you with a 'per session allowance'...what more could you ask for! If you are interested or have questions on how to volunteer, please contact: Sue Camp @ [telemarkschoolsprogram@gmail.com](mailto:telemarkschoolsprogram@gmail.com) or 250-864-1044.

## SKI LEAGUE TELEMARK SKILL DEVELOPMENT PROGRAM

### CANDICE MCKINNON, TELEMARK SKILL DEVELOPMENT PROGRAM COORDINATOR

The planning for the 2010/11 ski season is well underway. We are getting our coaches lined up. Telemark will be hosting an Introduction to Community Coaching course to help all of our new coaches improve their knowledge base and pass that on to the children. We are also encouraging those coaches who have attained their ICCW to take the next level (CCW) in Vernon. If you are interested in coaching, please contact me at [telemarkskidevelopment@hotmail.com](mailto:telemarkskidevelopment@hotmail.com)

A tentative skill development calendar has also been set. We are continuing with some familiar events and adding some new ones as well, in an effort to make sure the kids are interested, learning and having fun. Keep your fingers crossed for an early snow this year! **Check calendar for important dates!**

## DATES TO REMEMBER

October		
24	Annual General Meeting & Ski Swap. AGM at 11 AM; Ski Swap at 12:30. Please drop off items to sell by 10 AM. Money for sold items paid out at 2 PM	
30	Club workday - trail clearing and general clean-up. Come for 1/2 day at either 9 AM or 1PM	
November		
12-13	Introduction to Community Coaching course at Telemark	
December		
11	Start date for jackrabbits	
January		
8	Fresh Air Experience Super Demo Day	Start date for bunnies
15	Winter survival skills and sleepover	
28 - 29	International Children's Winter Games	
30	Apple Loppet at Telemark	
February		
4 - 6	Western Canadian BC Cup at Telemark	
13	Tips Up Cup at Sovereign Lake (Vernon)	
19 - 20	BC Miget Championships in Kamloops	
March		
5 - 6	BC Special Olympics Provincial Championship	



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